

## Coachervision

Recovery Coaching Fundamentals and four Recovery Coach Domains.

## Clinical Supervision

Clinical interventions including diagnosis, history of trauma, etc. Use of clinical models.

# Focus



## Coachervision

Minimal focus on why a person has a Substance Use Disorder.

## Clinical Supervision

Explore in Clinical Supervision why a client is displaying behaviors, return to use, explore how this is connected to history of trauma, diagnosis.

# Why?



## Coachervision

Minimal.  
Complete minimal paperwork, ensure participation in Coachervision. Monitor need for self-care, ensuring Recovery Coach wellness.

## Clinical Supervision

High levels of oversight. Ensure supervisee meets licensing and insurance regulations.

# Oversight



## Coachervision

Minimal,  
complete notes to  
document time spent  
coaching.

## Clinical Supervision

Ample.  
Progress notes,  
treatment plans,  
assessments,  
releases, crisis plans.

# Paperwork



# Goal

## Coachervision

Refocus on goal setting, directly related to recovery from Substance Use Disorder.

## Clinical Supervision

Better understand the reasons why a client is behaving and feeling as the client is, to decrease these behaviors, feelings. How are these behaviors and feelings connected to the diagnosis?



## Coachervision

Support and encourage use of self and self-disclosure encouraged, as it benefits the Recoveree.

## Clinical Supervision

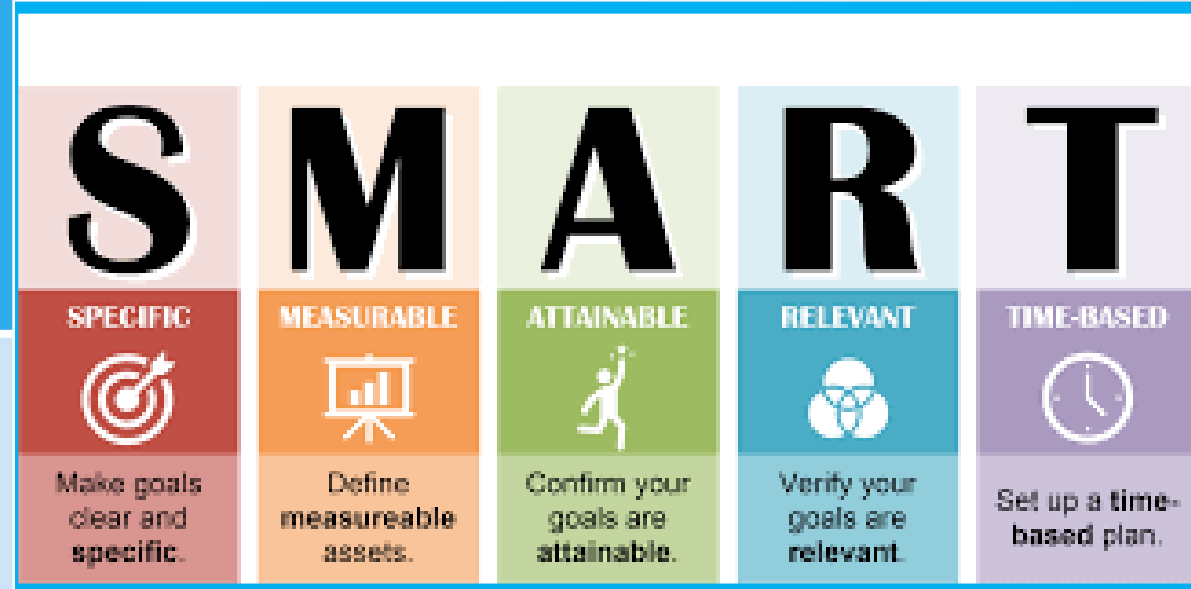
Clinical supervisor reinforces use of strong professional boundaries, limit self-disclosure.

# Boundaries



# Planning

Coachervision	Clinical Supervision
Recovery Plans	Treatment Plans





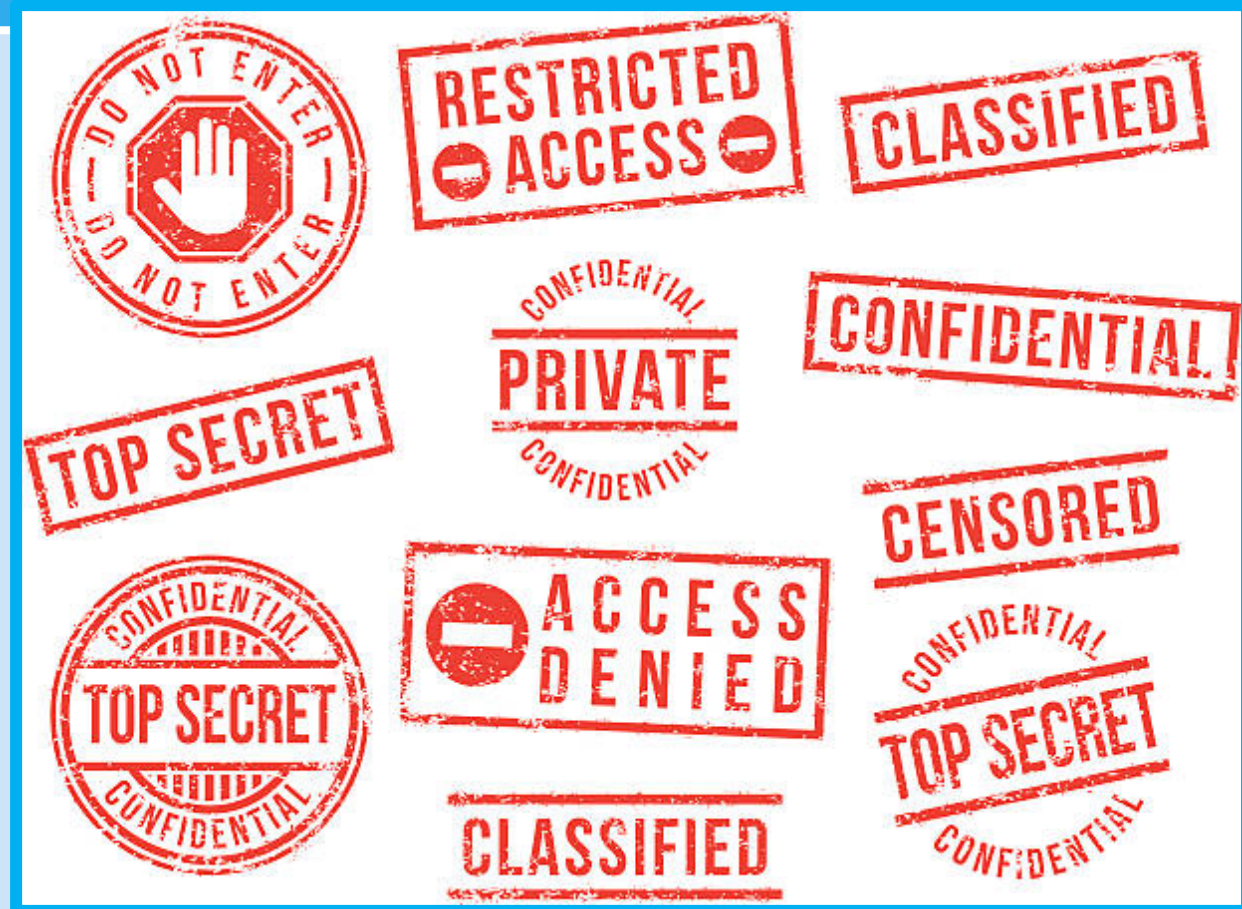
# Confidentiality

## Coachervision

Minimal, only in case of threatened harm to self or others. Recovery Coach maintains confidentiality of Recoveree.

## Clinical Supervision

Allowable with a signed release, information can be share between providers.





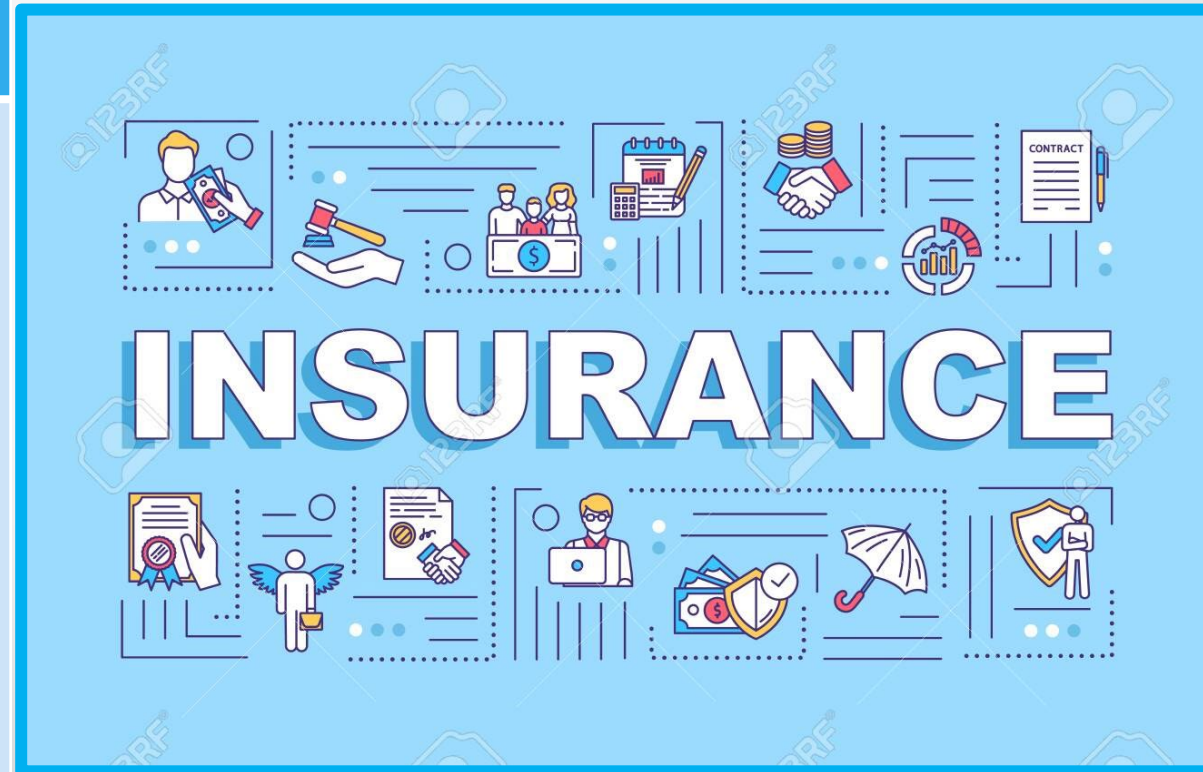
## Coachervision

Recovery Coaches do not bill insurance in the state of Maine.

## Clinical Supervision

Clinical services bill insurance for reimbursement, therefore services are beholden to insurance regulations.

# Insurance



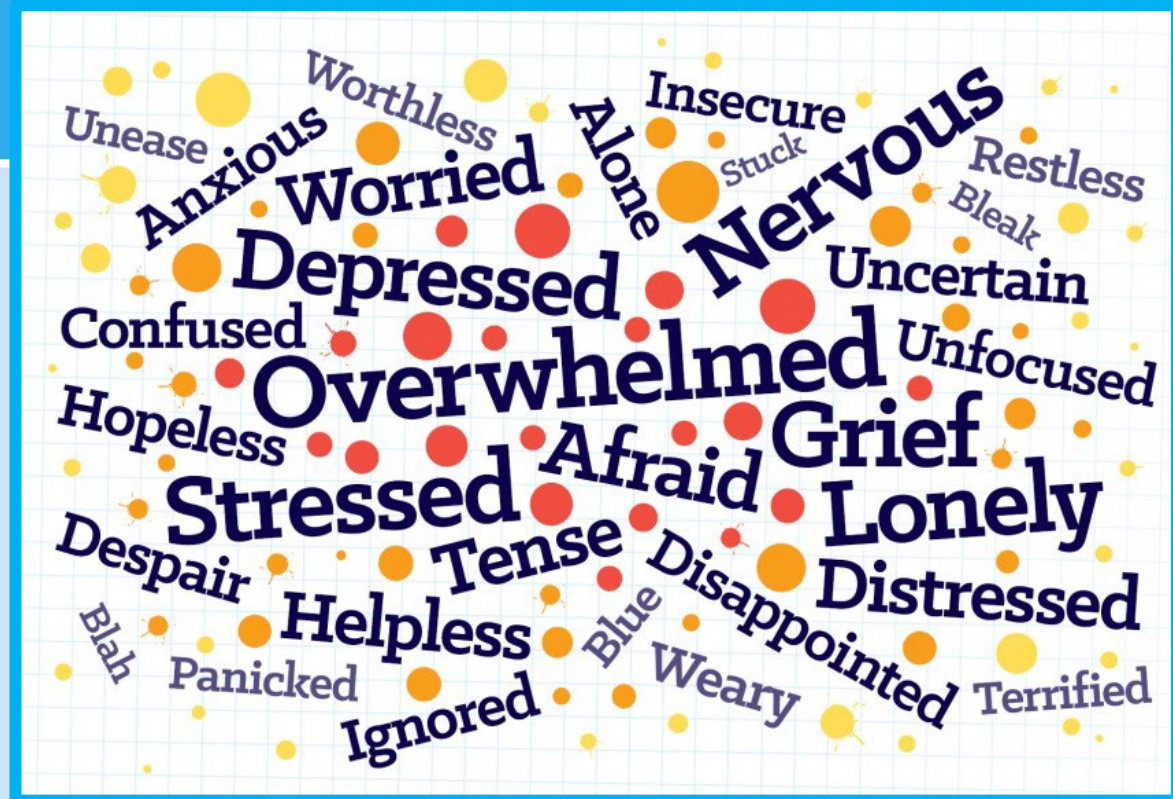
# Mental Health

## Coachervision

Coachervision does not address mental health challenges, but refers to higher level of care.

## Clinical Supervision

Clinical supervisors address issues of mental health and substance use challenges. Supervision returns focus to diagnosis.



## Coachervision

Minimal.  
Coachervisors are peers to Recovery Coaches.

## Clinical Supervision

Significant. Supervisors hold status within an agency as management, with the ability to hire and terminate employment, offer performance improvement plans.

# Power Differential



## Coachervision

Coachervisor may have more time acting in the role of Coachervisor/ Recovery Coach. Has completed a Coachervision training.

## Clinical Supervision

Likely has a higher level of education and licensure. Likely has higher level of experience, knowledge, and clinical practice.

# Work Experience



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